

# Introduction to Transmission Meditation: A Path of Service to Humanity

**Do you want to help the world in this time of crisis *and* build a stronger connection with your own spiritual nature?**

Transmission Meditation is the simplest way to do both — at the same time.

Transmission Meditation is a group service activity that ‘steps down’ the great spiritual energies that continually stream into our planet, now more than any time in history.

**Transmission Meditation is safe, scientific, non-denominational, and extremely potent.** It will not interfere with any other religious or spiritual practice. In fact, it will enhance your personal meditation and any other service activities in which you may be engaged. This meditation is a virtual ‘hot house’ for the spiritual growth of those who participate on a consistent basis.

## TRANSMISSION A MEDITATION FOR THE NEW AGE



BY BENJAMIN CREME

## A FREE TRANSMISSION MEDITATION WORKSHOP

Including an inspiring video and discussion  
followed by a brief meditation

**Sunday, Feb. 26, 2:00 PM**

**At the Pine St. Clinic**

**124 Pine St. in San Anselmo**

**DRESS WARMLY & FEEL FREE TO BRING FRIENDS**

**CONTACT : 510-841-3738**

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